



The Royal Standard
Lyme Regis

This menu page is only served 12-3/5 (seasonal). Please place your order at the bar.

**All food is cooked to order, during busy periods we will inform you
of the approximate waiting time.**

Ask a member of bar staff for information on food allergies & intolerances.

All sandwiches and baguettes are served on white or granary bread with a mixed leaf salad and salted crisps, children's sandwiches are served with cheese puffs or Quavers.

<u>Fillings</u>	<u>Children's</u>	<u>Sandwich</u>	<u>Baguette</u>
	<u>Sandwich (1/2)</u>		
Cheddar & Otter Vale chutney	£4	£6	£7
Egg mayonnaise	£4	£6	£7
Brie & homemade pesto	£5	£7	£8
Bacon, leaves & tomato	£5	£7	£8
Roast beef & caramelised onion	£6	£8	£9
Sausage & mushroom	£5	£7	£8
Ham & tomato	£5	£7	£8
Tuna mayo & sweetcorn	£5	£7	£8
Prawn & Marie Rose sauce	£7	£9	£10
Local dressed crab	£7	£9	£10

Cornish Pasties

Traditional Cornish meat pasty or vegetarian spinach and ricotta pasty

Served with salad, a pickled onion and Otter Vale onion and pineapple chutney. £8

Ploughman's Lunch – all gluten free without bread

A large salad including apple, celery, pickled onion, coleslaw, local 'Otter Vale' onion and pineapple chutney and a wedge of crusty bread

Cheddar cheese	£10	Ham	£11
Brie	£12	Stilton	£12

**The local 'Otter Vale' Onion & Pineapple chutney and Devon Fire chutney are
available to buy from the bar for £2.50**

Please see our boards for specials, vegetarian specials and desserts.

Tel: (01297) 442637

Web: theroyalstandardlymeregis.co.uk



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Look for (G.F.) for gluten free options, some may require alterations e.g. chips and bread.

Inform staff if you require gluten free gravy.

This menu is served 12pm-9pm or 12pm-3pm & 5.30pm-9pm (seasonal)

Please place your order at the bar.

Ask a member of bar staff for information on food allergies & intolerances.

Starters and Soups

Fried whole baby squid with homemade tartare sauce	£7
Deep fried whitebait with homemade tartare sauce	£7
Smoked duck breast with red onion marmalade and salad	£8
Homemade breaded brie wedge with cranberry sauce or sweet chilli sauce	£7
Kalamata olives and a wedge of crusty bread with oil and balsamic vinegar	£6
Garlic bread (add 75p with cheese)	£3
Homemade soup of the day with a wedge of crusty bread (G.F. soup)	£5.50
Homemade seafood soup with a wedge of crusty bread (G.F. soup)	£8

When ordering, please clarify whether you would like any of the above to come as a starter or to come with your main meals.

Salads – all gluten free without bread

Seared goat's cheese with salad, a red onion jam and baguette	Starter £7	Main £11
Smoked mackerel with salad and a horseradish mayonnaise and baguette	Starter £8	Main £12
Dressed crab with salad, chilled new potatoes & lemon mayonnaise	Starter £10	Main £14
Greek salad with olive oil and oregano dressing and baguette	Starter £7	Main £11
Prawn salad with Marie Rose sauce and baguette	Starter £9	Main £13
Cured and cooked meats with salad, a wedge of bread & oil with balsamic	Starter £8	Main £12

Main Meals

Beer battered cod and chips with garden peas and homemade tartare sauce	£12
Scampi and chips with homemade tartare sauce and a salad garnish	£12
Homemade chicken breast curry with rice, a poppadum and mango chutney	£12
Local ham, eggs and chips	£11
Local pork sausages , mashed potato, peas and onion gravy	£11
Homemade beef lasagne served with garlic bread and salad	£13
Homemade fish pie topped with cheese, mashed potato and served with salad (G.F.)	£14
Pint of 'shell on' prawns with 'Marie Rose' sauce and a wedge of crusty bread (G.F.)	£12
Homemade breaded salmon & smoked haddock fishcakes	Starter £8
Served with salad and Otter Vale 'Devon Fire' chutney	Main £13
River Teign mussels poached in white wine & garlic sauce served with a baguette. (G.F.)	Starter £9
	Main £15

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From The Grill

Homemade lamb burger with minted mayo salad and chips	£13
Homemade beef burger with Otter Vale tomato chutney salad and chips	£13
8oz Rump steak served with grilled tomato, mushroom, peas, homemade onion rings and chips (G.F)	£17
Stilton or peppercorn sauce (G.F.)	£2
Gammon steak served with egg or pineapple, chips and salad (G.F.)	£13

Children's Menu – All £6.00

- Beer battered cod** and chips with peas
- Scampi** and chips with peas
- Homemade fish pie** topped with cheese, mash & served with peas **(G.F.)**
- Homemade, battered chicken goujons**, chips and beans,
- Local pork sausages**, mash and peas with gravy
- Homemade beef lasagne** with chips
- Homemade beef burger** with chips and beans
- Fusilli pasta** with a tomato and basil sauce and cheese

Side orders

Bowl of Kalamata olives	£4
Buttered new potatoes	£3.50
Vegetables	£3.50
Side salad	£3.50
Chips (add 75p with cheese)	£3
Wedge of crusty bread/Baguette	£1.50
Homemade onion rings	£3.50

Please see our boards for specials, vegetarian specials and desserts.

Look for (G.F.) for gluten free options, some may require alterations e.g. chips and bread. We have gluten free gravy on request but do not have gluten free bread and our chips are fried in the same oil as food containing gluten. Possible substitutes are mashed potato, new potatoes, rice, vegetables or salad. Please see our special boards for more options.

Our Suppliers: *Wedges of bread from Charmouth Bakery.*

Local whole crabs & lobsters from Lyme Regis fishermen on the boat 'Antelma'.

Local handpicked crabmeat from Crabman, Beer.

Other seafood from Davey's Locker, West Bay & M&J Seafood, Wimborne.

Fruit and Vegetables from Caines Farm, Chideock.

All meat from Leach Butchers, Newton Abbot & Complete Meats, Axminster.

Dairy Products from R.T. Parris, Chardstock.

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